## **Mastery: Ovarian and Uterine Cycles**

- 1. What is the main activity in the ovaries and the uterus during days:
  - a. 0-5
  - b. 6-14
  - c. 14
  - d. 15-21
  - e. 21-28
- 2. What effect does FSH have on the ovaries?
- 3. Which hormone is responsible for secondary sex characteristics of females AND egg maturation and uterine lining thickening?
- 4. Which hormone is responsible for maintenance of a pregnancy?
- 5. Where is progesterone produced?
- 6. Normally, the corpus luteum stops progesterone production after about a week. Why?
- 7. What is the maximum number of "fertile" days a woman could have in a month?
- 8. How is it possible that a couple could have intercourse and become pregnant if the woman didn't ovulate until 5 days after intercourse?
- 9. How long can the egg survive if not fertilized?

## **Ovarian and Uterine Cycles**

## **Mastery Series Answers**

## 1. the following:

- a) ovaries: egg maturation begins/uterus: menstruation as lining is sloughed because estrogen and progesterone levels are too low to maintain it
- b) ovaries: egg maturation continues/uterine lining begins thickening under the influence of estrogen
- c) ovaries: ovulation under the influence of LH from pituitary gland
- d) ovaries: corpus luteum produces progesterone/uterus lining continues thickening in preparation for possible fertilized egg
- e) ovaries:estrogen levels and progesterone levels drop rapidly/uterus: lining can only maintain if hormone levels are adequate
- 2. stimulates estrogen production
- 3. estrogen
- 4. progesterone
- 5. corpus luteum (during this cycle and, if pregnancy occurs, will continue to produce progesterone for a few months until the placenta takes over)
- 6. No fertilized egg releasing human chorionic gonadotropic hormone, which would stimulate the corpus luteum to keep producing progesterone.
- 7. 5 leading up to ovulation + 1 day after = 6
- 8. sperm can survive for up to 5 days in the female reproductive tract
- 9. about 24 hours