## **Mastery Series: Stomach**

- 1. Compare the LES with the pyloric sphincter.
- 2. What are rugae for?
- 3. What two primary purposes does HCl serve in the stomach?
- 4. What is the purpose of rennin in human infants?
- 5. What is the purpose of pepsin in humans?
- 6. Which nutrient begins being chemically digested in the stomach?
- 7. What type of digestion occurs for all nutrients in the stomach?
- 8. What is the name for the uniform mixture that leaves the stomach (with a pH of near 2!)?
- 9. Why do pregnant women experience heartburn even before their belly is big?
- 10. Why would an overweight man possibly experience more heartburn than a thin man?
- 11. What enzyme produced in the stomach is required for the absorption of Vitamin B12?
- 12. What kinds of foods is Vitamin B12 found in?
- 13. What is the name of the disease resulting from Vitamin B12 deficiency?
- 14. Compare gastric reflux with achalasia.

## **Stomach**

- 1. LES guards the opening of the stomach from too much food at once; pyloric sphincter guards the duodenum from too much chyme from entering at once.
- 2. increase surface area and volume of stomach
- 3. activates pepsin; inhibits pathogens
- 4. curdles milk proteins
- 5. begins protein chemical digestion
- 6. protein
- 7. mechanical
- 8. chyme
- 9. relaxin's effect on the LES
- 10. large belly presses on stomach and pushes contents into esophagus
- 11. intrinsic factor
- 12. animal products and brewer's yeast
- 13. pernicious anemia
- 14. gastric reflux: stomach contents going back UP esophagus; achalasia: food can't get into the stomach